



Ferry Hills Aquatic Centre: Youth Development Squads

(Current from 12/06/2021)

| Squad | Lanes | Period | Mon | Tues | Wed | Thurs | Fri | Sat |
|--------------------|---------|--------|---|---------------|---------------|---------------|---|---------------|
| Development Squad | 1,2, 3 | AM | | 6.30am-7.15am | | 6.30am-7.15am | | 7.00am-8.00am |
| Development Squad | 1,2,3,4 | PM | 3.30pm-4.15pm | 3.30pm-4.15pm | 3.30pm-4.15pm | 3.30pm-4.15pm | 3.30pm-4.15pm | |
| Intermediate Squad | 1,2, 3 | AM | 5.30am-7.00am | | | | 5.30am-7.00am | 7.00am-8.00am |
| Intermediate Squad | 1,2,3,4 | PM | 4.15pm-5.45pm | 4.15pm-5.45pm | 4.15pm-5.45pm | 4.15pm-5.45pm | 4.15pm-5.45pm | |
| State Squad | 1,2, 3 | AM | 5.30am-7.30am Gym/Dryland 6.30am-7.30am | 5.30am-7.30am | | 5.30am-7.30am | 5.30am-7.30am | 6.00am-8.00am |
| State Squad | 1,2,3,4 | PM | 4.15pm-6.15pm | 4.15pm-6.15pm | 4.15pm-6.15pm | 4.15pm-6.15pm | 4.15pm-6.15pm Gym/Dryland 4.15pm-5.15pm | |
| National Squad | 1,2,3 | AM | 5.30am-7.30am Gym/Dryland 6.30am-7.30am | 5.30am-7.30am | | 5.30am-7.30am | 5.30am-7.30am | 6.00am-8.00am |
| National Squad | 1,2,3 | PM | 4.15pm-6.15pm | 4.15pm-6.15pm | 4.15pm-6.15pm | 4.15pm-6.15pm | 4.15pm-6.15pm Gym/Dryland 4.15pm-5.15pm | |